

The Resilience Project is a KS4 academic and pastoral programme designed to refocus pupils whilst building resilience & self-esteem and encouraging positive life choices.

The Raedwald Trust is a partnership of Alternative Provisions and bespoke pathways serving children and young people requiring a different route to success.

A termly small group programme which runs alongside mainstream education, designed to support KS4 pupils who are at risk of underachieving due to anxiety linked behaviours (SEMH – but presents as withdrawn, school refusal, high level anxiety).

The curriculum has been consciously selected and seeks to equip pupils with strong foundations in developing their core knowledge and skills in English, reading, maths, science and PSHE. It also seeks to address and support the wider complexities of pupils who are struggling to access mainstream education..

- » Three days per week (15 hrs)
- » GCSE/Functional Skills English & maths
- » Careers & post-16 pathway support
- » Bespoke PSHE programme which includes mental health awareness, building self-esteem, exam stress, online safety, healthy relationships, transitions, exploitation and radicalization
- » RT Readers For Life curriculum
- » Enrichment opportunities eg. Cooking, art,

The programme targets specific challenges faced by young people whilst focusing on how to make positive life choices in order to improve life chances both in school and the community



For further details, please contact:

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HOW TO APPLY

Referral forms are available from the Raedwald Trust website:

[https://](https://www.raedwaldtrust.com/referrals-admissions/)

www.raedwaldtrust.com/referrals-admissions/

COST

The total cost for 3 days per week is **£ 950** per pupil/per week – one term minimum

WHERE

Groups running in Ipswich & Bury St Edmunds.

Essex group opening soon!

