

Date / Time	Topic	Presenter	Bio
20 October 2020 3pm-4pm	Statutory Guidance /Individual Health Plans	Kate Kingsford (Lead Teacher – Ipswich Hospital School) Dr Helen Griffiths (Consultant Clinical Psychologist – Oxon)	<p>Kate Kingsford has over 20 years teaching experience across all Key Stages, teaching children ranging from 'A' level to Primary age. Kate has a wealth of knowledge and experience in a wide variety of issues which affect young people. She has worked extensively throughout her career enabling pupils to overcome potential barriers to their learning. Kate is an accredited Mental Health First Aider and leads the education provision at Ipswich Hospital.</p> <p>Dr Helen Griffiths is a Consultant Clinical Psychologist specialising in working with children with medical needs and their families. Based at Oxford Children's Hospital, Helen has worked on the Medical Needs in Schools project since its inception almost three years ago. Helen is passionate about interprofessional working to best support children with medical needs to reach their full potential. Helen also works with professional organisations to ensure the needs of this group are highlighted at a policy and strategy level.</p>
12 November 2020 3.30pm-4pm	Puberty and Growth – what is normal?	Dr Jackie Buck (Consultant Paediatrician)	<p>Dr Jackie Buck is a Consultant Paediatrician at Ipswich Hospital. She has been in post since 2007 and is a General Paediatrician with a Special Interest in Diabetes and Endocrinology.</p>
12 November 2020 4pm-4.30pm	Diabetes – highs and lows	Claire Wadham (Lead Paediatric Nurse Specialist)	<p>Claire is a Lead Paediatric Diabetes Nurse Specialist working as part of the wider MDT Paediatric Diabetes Team at Ipswich Hospital. She is dual qualified – paediatric & adult nursing and has 25 years paediatric diabetes experience. Prior to this Claire has an A&E background. Claire is based The Diabetes and Endocrine Centre but is frequently found on wards, in schools and the community.</p>
18 November 2020 3pm-4pm	Pain Management	Dr Konrad Jacobs (Consultant Clinical Psychologist)	<p>Dr Konrad Jacobs is a Consultant Clinical Psychologist working in the Oxford Centre for Children and Young People in Pain, where he works as part of a multi-disciplinary team providing evidence-based treatment for chronic pain. Konrad has extensive experience working with people experiencing persistent physical symptoms to support them with improving management of symptoms.</p>
30 November 2020 3.30pm-4.30pm	Gender Dysphoria	Dr Carla Kantyka (Paediatric Junior Doctor)	<p>Dr Carla Kantyka is a Paediatric Junior Doctor in her third year. She has worked in Wales, the midlands and now in the East of England. Dr Kantyka is currently doing neonatal medicine in Norwich and has an interest in supporting mental health. Dr Kantyka has previously delivered departmental training to colleagues about gender dysphoria.</p>
8 December 2020 3pm-4pm	Self-Harm	Isabel Paz (Consultant Child & Adolescent Psychiatrist)	<p>Dr Isabel Paz is a Consultant Child and Adolescent Psychiatrist who has extensive experience working in CAMHS, inpatient child mental health facilities and now works in Children's Psychological Medicine at the Oxford Children's Hospital.</p>
12 January 2021 4pm-5pm	Anxiety	Dr Helen Griffiths (Consultant Clinical Psychologist – Oxon)	<p>Dr Helen Griffiths is a Consultant Clinical Psychologist specialising in working with children with medical needs and their families. Based at Oxford Children's Hospital, Helen has worked on the Medical Needs in Schools project since its inception almost three years ago. Helen is passionate about interprofessional working to best support children with medical needs to reach their full potential. Helen also works with professional organisations to ensure the needs of this group are highlighted at a policy and strategy level.</p>
3 March 2021 4pm-5pm	Eating Disorders	Sarah Cross (Clinical Team Leader for the ED Team)	<p>Sarah is a Clinical Team Leader for the Eating Disorder Team for East Suffolk. Her background as a Mental Health Nurse for 32 years has seen her working in a variety of areas in this field, for 18 years she has worked in CAMHS and specialised in Eating Disorders across all ages.</p>

12 April 2021 4pm-5pm	Enuresis	Anna Maria Staines (Enuresis Nurse Specialist)	Anna Maria Staines is the Enuresis Nurse Specialist. She is dual qualified – paediatric & adult nursing and has worked as critical care nurse for a number of years. Anna Maria has always had a passion for supporting children and young people with continence needs and she works in partnership with the specialist paediatricians at both WSH and Ipswich. She is also an active member of the paediatric continence forums within Norfolk /Norwich and Essex. Anna-Maria is based at Allington Clinic and runs enuresis clinics from there, and in Bury St Edmunds, Woodbridge and Stowmarket.
26 April 2021 4pm-5pm	Getting to know your school nursing service	Jo Leek (School Nurse Manager)	Jo Leek is the School Nurse Manager for the Alternative Provision Team in Suffolk. After qualifying as a nurse she worked in acute paediatrics before moving in the community where she undertook further training to become a Specialist Community Public Health Practitioner (School Nursing). Jo has been in the role of School Nurse supporting the needs of children and young people, particularly those with SEND, for over 20 years. She also has a teaching qualification in health care education and, combined with previous experience as a school governor, brings knowledge & skills across a wide range of areas.
7 June 2021 4pm-5pm	Hypermobility	Nicky Race (Senior Paediatric Physiotherapist)	Nicky is a Senior Paediatric Physiotherapist working at Ipswich Hospital. She works across all areas of Paediatric Physiotherapy but predominantly within Musculoskeletal. Nicky runs regular Rheumatology clinics where she takes referrals for children with Hypermobility. Nicky treats children of all ages 0-16.
21 June 2021 4pm-5pm	Cystic Fibrosis	Dr Imogen Rose (Paediatric Consultant)	Dr Imogen Rose has been a Paediatric Consultant at Ipswich since May 2019. Her areas of special interest are Cystic Fibrosis, Paediatric respiratory medicine and allergy.
28 June 2021 4pm-5pm	Epilepsy/Seizures	Dr Kamani Moodley (Paediatric Consultant)	Dr Kamani Moodley (MBChB, DA, MRCPCH) is a Paediatric Consultant working at Ipswich Hospital. She has practiced at Ipswich for 4 years, prior to this she worked at West Suffolk Hospital and across Suffolk in Paediatric services. She has specialised in Paediatric Neurology and has a special interest in Epilepsy.
13 September 2021 4pm-5pm	How to write a good Individual Health Plan (IHP)	Dr Helen Griffiths (Consultant Clinical Psychologist – Oxon)	Dr Helen Griffiths is a Consultant Clinical Psychologist specialising in working with children with medical needs and their families. Based at Oxford Children's Hospital, Helen has worked on the Medical Needs in Schools project since its inception almost three years ago. Helen is passionate about interprofessional working to best support children with medical needs to reach their full potential. Helen also works with professional organisations to ensure the needs of this group are highlighted at a policy and strategy level.
27 September 2021 4pm-5pm	Asthma	Dr Imogen Rose (Paediatric Consultant)	Dr Imogen Rose has been a Paediatric Consultant at Ipswich since May 2019. Her areas of special interest are Cystic Fibrosis, Paediatric respiratory medicine and allergy.
22 November 2021 4pm-5pm	Chronic Fatigue Syndrome	Dr Isabel Burgess	Dr Isabel Burgess is an associate Specialist Paediatrician with a special interest in CFS. She has been running the Paediatric CFS clinic at Ipswich Hospital for over 10 years, working closely with colleagues in physiotherapy and education. She is passionate about multi-agency working.
1 December 2021 4pm-5pm	A healthy diet for our children – what does this mean?	Collette Green	Collette qualified as a Registered Dietitian in 2005 and has worked as a Paediatric Dietitian in Ipswich for 8 years, working with children in areas such as tube feeding, allergy, failure to thrive and restricted diets. She has recently moved to specialise in Paediatric Diabetes. Prior to this she worked in a variety of adult roles including intensive care, intestinal failure and renal.
13 September 2022 4pm-5pm	'Let's talk about ASD' - Autism Spectrum Disorder	Dr Shirvana Dass	Dr Dass is a Consultant Community Paediatrician working in Ipswich for the past 12 years who specialises in children with neuro disabilities and neuromuscular disorders.
20 September 2022 4.30pm-5.30pm	Asthma & Exercise: What schools need to know	Dr Sarah Nethercott Paediatrician Dr Raman Lakshman Paediatrician	Dr Nethercott is a final year paediatric trainee (ST8) at West Suffolk Hospital with an interest in Asthma and Lung disease in children. Dr Lakshman is a Paediatrician and is the lead for asthma in children and young people for the Suffolk, North East Essex area.

