



# Suffolk and North East Essex

## INTRODUCTION TO CHILDREN & YOUNG PEOPLE ASTHMA PROGRAMME

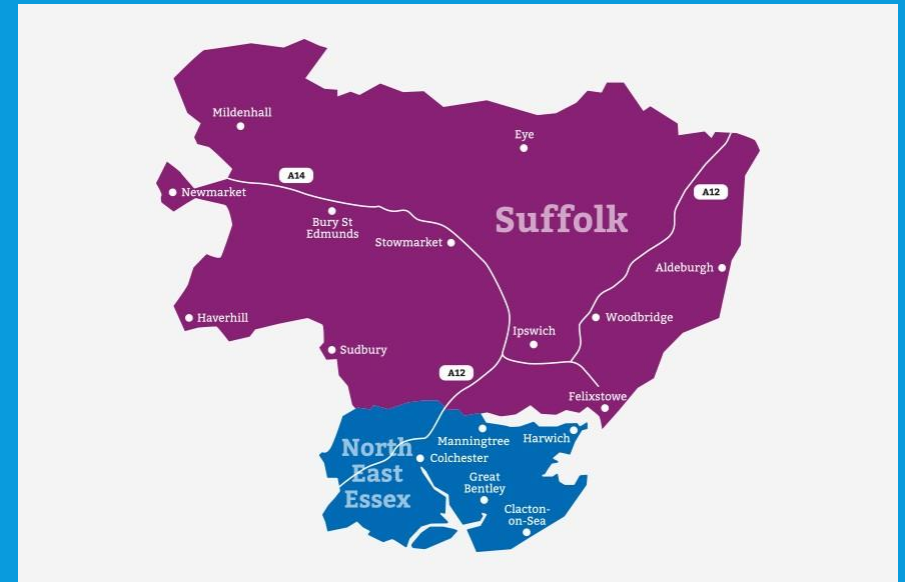
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# CHILDREN AND YOUNG PEOPLE ASTHMA

- The UK has one of the highest prevalence of asthma in the world
- Mortality rates for asthma are higher in the UK than in many other European countries
- Yet it is widely believed that there are preventable factors in 90% of deaths.
- The first [National Review of Asthma Deaths \(NRAD\)](#) (2014) found 14% of deaths were in the under 19 age group and care fell well below that expected in half of these.
- In response to this the National Bundle of Care for Children and Young People with Asthma was released by NHS England in September 2021
- NHS England worked with key stakeholders, including young people and their families, to develop the bundle. Its aim is to support local systems with the management of asthma care in children and young people.
- This programme offers large number of resources, to support local regions, a small financial envelope, regular network meetings to share ways of working and several deliverables looking to better Asthma provision.

# CHILDREN AND YOUNG PEOPLE ASTHMA - SNEE

- There are just over one million people registered with a GPs across Suffolk and North East Essex (SNEE)
- We have just under 8,000 young people recorded in the area on SystmOne as having an Asthma diagnosis, around 80-90% of GP practices in Suffolk are on SystmOne with the remaining using EMIS. For the North East Essex region it is nearer a 50/50 split across the two systems.
- There were over 100 Asthma related emergency admission to the two Suffolk Acute Hospitals between April 2021 and May 2022.
- Deprivation, poor management of the condition and air pollution are three of the main factors that effect young people diagnosed with Asthma.



# WHAT WE ARE DOING

- The SNEE CYP Asthma Clinical Network established at the end of 2021 following the National Bundle of Care being released. The network involves colleagues from a variety of areas across the system.
- We have also recruited a dedicated ICS Asthma CYP Clinical Lead, Dr Raman Lakshman, who began this position in June.
- Our programme focuses on training and education on Asthma as well as bringing together colleagues and system partners to build up a joined up approach.
- Map CYP Asthma provision to identify gaps and bring system partners together. Backed up by obtained data on CYP Asthma admissions, cases etc.
- The SNEE CYP Asthma Network is working to link up primary, secondary and tertiary sectors of our health system.
- We have obtained licenses for the MySpira augmented reality app, this will initially be rolled out via Primary Care and has been shared with school colleagues to get them familiar with the format and promotion of its use.
- Educational Youtube videos have been shared with schools, one for staff and another from pupils. Videos on Asthma have been presented in assemblies previously before the National Bundle of care's release
- We are currently mapping all CYP Asthma provisions across SNEE to collate and share system wide
- Schools have an Asthma policy and lists of pupils with long term conditions including Asthma
- There is 'Under 12' and 'Over 12' guidance used in health care settings, something that has been in place for a while
- Public Health are leading on the roll out of Asthma Friendly Schools and we have a target for 25% of schools achieve asthma friendly status
- Training from Health Education England, <https://www.e-lfh.org.uk/programmes/children-and-young-peoples-asthma/> encourage all staff to complete Tier 1 of this training