

## WHAT'S IT ABOUT?

**The Resilience Project is a KS4 pastoral and academic programme designed to refocus pupils whilst building resilience & self-esteem and encouraging positive life choices. The programme is designed to run alongside pupils' mainstream education.**

This programme runs termly and is designed to support Year 11 pupils who are at risk of underachieving due to social and emotional difficulties.

### Included in the programme is:

- **Five mornings per week of support at a Raedwald Trust site** –afternoon add-ons are available upon request at an additional cost.
  - GCSE/Functional Skills English & maths
  - Careers & post-16 pathway support
- Bespoke PSHE programme which includes mental health awareness, building self-esteem, exam stress, online safety, healthy relationships, transitions, exploitation and radicalisation
  - Wellbeing workshops
  - Workplace visits
  - Enrichment opportunities
  - Guest speakers

The programme targets specific challenges faced by young people whilst focusing on how to make positive life choices in order to improve life chances both in school and the community.



**Profile of pupil: Year 11 / social & emotional difficulties / at risk of exploitation / at risk of underachieving**

## HOW TO APPLY:

Referral forms are available from the Raedwald Trust website: <https://www.raedwaldtrust.co.uk/referrals-admissions/> and should be submitted by schools to: [referrals@raedwaldtrust.org](mailto:referrals@raedwaldtrust.org)

## COST:

The total cost for 5 half days per week is **£235** per pupil  
**(Pupils must attend for a minimum of one term)**

## WHERE:

At one of the Raedwald Trust sites.

*\*Year 10 referrals will be considered\**

[www.raedwaldtrust.org](http://www.raedwaldtrust.org)