

Date / Time	Topic	Presenter	Bio
<b>20 October 2020</b> <b>3pm-4pm</b>	<b>Statutory Guidance /Individual Health Plans</b>	<b>Kate Kingsford</b> (Lead Teacher – Ipswich Hospital School)  <b>Dr Helen Griffiths</b> (Consultant Clinical Psychologist – Oxon)	Kate Kingsford has over 20 years teaching experience across all Key Stages, teaching children ranging from ‘A’ level to Primary age. Kate has a wealth of knowledge and experience in a wide variety of issues which affect young people. She has worked extensively throughout her career enabling pupils to overcome potential barriers to their learning. Kate is an accredited Mental Health First Aider and leads the education provision at Ipswich Hospital.  Dr Helen Griffiths is a Consultant Clinical Psychologist specialising in working with children with medical needs and their families. Based at Oxford Children's Hospital, Helen has worked on the Medical Needs in Schools project since its inception almost three years ago. Helen is passionate about interprofessional working to best support children with medical needs to reach their full potential. Helen also works with professional organisations to ensure the needs of this group are highlighted at a policy and strategy level.
<b>12 November 2020</b> <b>3.30pm-4pm</b>	<b>Puberty and Growth – what is normal?</b>	<b>Dr Jackie Buck</b> (Consultant Paediatrician)	Dr Jackie Buck is a Consultant Paediatrician at Ipswich Hospital. She has been in post since 2007 and is a General Paediatrician with a Special Interest in Diabetes and Endocrinology.
<b>12 November 2020</b> <b>4pm-4.30pm</b>	<b>Diabetes – highs and lows</b>	<b>Claire Wadham</b> (Lead Paediatric Nurse Specialist)	Claire is a Lead Paediatric Diabetes Nurse Specialist working as part of the wider MDT Paediatric Diabetes Team at Ipswich Hospital. She is dual qualified – paediatric & adult nursing and has 25 years paediatric diabetes experience. Prior to this Claire has an A&E background. Claire is based The Diabetes and Endocrine Centre but is frequently found on wards, in schools and the community.
<b>18 November 2020</b> <b>3pm-4pm</b>	<b>Pain Management</b>	<b>Dr Konrad Jacobs</b> (Consultant Clinical Psychologist)	Dr Konrad Jacobs is a Consultant Clinical Psychologist working in the Oxford Centre for Children and Young People in Pain, where he works as part of a multi-disciplinary team providing evidence-based treatment for chronic pain. Konrad has extensive experience working with people experiencing persistent physical symptoms to support them with improving management of symptoms.
<b>30 November 2020</b> <b>3.30pm-4.30pm</b>	<b>Gender Dysphoria</b>	<b>Dr Carla Kantyka</b> (Paediatric Junior Doctor)	Dr Carla Kantyka is a Paediatric Junior Doctor in her third year. She has worked in Wales, the midlands and now in the East of England. Dr Kantyka is currently doing neonatal medicine in Norwich and has an interest in supporting mental health. Dr Kantyka has previously delivered departmental training to colleagues about gender dysphoria.
<b>8 December 2020</b> <b>3pm-4pm</b>	<b>Self-Harm</b>	<b>Isabel Paz</b> (Consultant Child & Adolescent Psychiatrist)	Dr Isabel Paz is a Consultant Child and Adolescent Psychiatrist who has extensive experience working in CAMHS, inpatient child mental health facilities and now works in Children's Psychological Medicine at the Oxford Children's Hospital.
<b>12 January 2021</b> <b>4pm-5pm</b>	<b>Anxiety</b>	<b>Dr Helen Griffiths</b> (Consultant Clinical Psychologist – Oxon)	Dr Helen Griffiths is a Consultant Clinical Psychologist specialising in working with children with medical needs and their families. Based at Oxford Children's Hospital, Helen has worked on the Medical Needs in Schools project since its inception almost three years ago. Helen is passionate about interprofessional working to best support children with medical needs to reach their full potential. Helen also works with professional organisations to ensure the needs of this group are highlighted at a policy and strategy level.

<b>3 March 2021</b> <b>4pm-5pm</b>	<b>Eating Disorders</b>	<b>Sarah Cross</b> (Clinical Team Leader for the ED Team)	Sarah is a Clinical Team Leader for the Eating Disorder Team for East Suffolk. Her background as a Mental Health Nurse for 32 years has seen her working in a variety of areas in this field, for 18 years she has worked in CAMHs and specialised in Eating Disorders across all ages.
<b>12 April 2021</b> <b>4pm-5pm</b>	<b>Enuresis</b>	<b>Anna Maria Staines</b> (Enuresis Nurse Specialist)	Anna Maria Staines is the Enuresis Nurse Specialist. She is dual qualified – paediatric & adult nursing and has worked as critical care nurse for a number of years. Anna Maria has always had a passion for supporting children and young people with continence needs and she works in partnership with the specialist paediatricians at both WSH and Ipswich. She is also an active member of the paediatric continence forums within Norfolk /Norwich and Essex. Anna-Maria is based at Allington Clinic and runs enuresis clinics from there, and in Bury St Edmunds, Woodbridge and Stowmarket.
<b>26 April 2021</b> <b>4pm-5pm</b>	<b>Getting to know your school nursing service</b>	<b>Jo Leek</b> (School Nurse Manager)	Jo Leek is the School Nurse Manager for the Alternative Provision Team in Suffolk. After qualifying as a nurse she worked in acute paediatrics before moving in the community where she undertook further training to become a Specialist Community Public Health Practitioner (School Nursing). Jo has been in the role of School Nurse supporting the needs of children and young people, particularly those with SEND, for over 20 years. She also has a teaching qualification in health care education and, combined with previous experience as a school governor, brings knowledge & skills across a wide range of areas.