

Date / Time	Topic	Presenter	Bio
20 October 2020 3pm-4pm	Statutory Guidance /Individual Health Plans	Kate Kingsford (Lead Teacher – Ipswich Hospital School) Dr Helen Griffiths (Consultant Clinical Psychologist – Oxon)	<p>Kate Kingsford has over 20 years teaching experience across all Key Stages, teaching children ranging from 'A' level to Primary age. Kate has a wealth of knowledge and experience in a wide variety of issues which affect young people. She has worked extensively throughout her career enabling pupils to overcome potential barriers to their learning. Kate is an accredited Mental Health First Aider and leads the education provision at Ipswich Hospital.</p> <p>Dr Helen Griffiths is a Consultant Clinical Psychologist specialising in working with children with medical needs and their families. Based at Oxford Children's Hospital, Helen has worked on the Medical Needs in Schools project since its inception almost three years ago. Helen is passionate about interprofessional working to best support children with medical needs to reach their full potential. Helen also works with professional organisations to ensure the needs of this group are highlighted at a policy and strategy level.</p>
12 November 2020 3.30pm-4pm	Puberty and Growth – what is normal?	Dr Jackie Buck (Consultant Paediatrician)	<p>Dr Jackie Buck is a Consultant Paediatrician at Ipswich Hospital. She has been in post since 2007 and is a General Paediatrician with a Special Interest in Diabetes and Endocrinology.</p>
12 November 2020 4pm-4.30pm	Diabetes – highs and lows	Claire Wadham (Lead Paediatric Nurse Specialist)	<p>Claire is a Lead Paediatric Diabetes Nurse Specialist working as part of the wider MDT Paediatric Diabetes Team at Ipswich Hospital. She is dual qualified – paediatric & adult nursing and has 25 years paediatric diabetes experience. Prior to this Claire has an A&E background. Claire is based The Diabetes and Endocrine Centre but is frequently found on wards, in schools and the community.</p>
18 November 2020 3pm-4pm	Pain Management	Dr Konrad Jacobs (Consultant Clinical Psychologist)	<p>Dr Konrad Jacobs is a Consultant Clinical Psychologist working in the Oxford Centre for Children and Young People in Pain, where he works as part of a multi-disciplinary team providing evidence-based treatment for chronic pain. Konrad has extensive experience working with people experiencing persistent physical symptoms to support them with improving management of symptoms.</p>
30 November 2020 3.30pm-4.30pm	Gender Dysphoria	Dr Carla Kantyka (Paediatric Junior Doctor)	<p>Dr Carla Kantyka is a Paediatric Junior Doctor in her third year. She has worked in Wales, the midlands and now in the East of England. Dr Kantyka is currently doing neonatal medicine in Norwich and has an interest in supporting mental health. Dr Kantyka has previously delivered departmental training to colleagues about gender dysphoria.</p>
8 December 2020 3pm-4pm	Self-Harm	Isabel Paz (Consultant Child & Adolescent Psychiatrist)	<p>Dr Isabel Paz is a Consultant Child and Adolescent Psychiatrist who has extensive experience working in CAMHS, inpatient child mental health facilities and now works in Children's Psychological Medicine at the Oxford Children's Hospital.</p>
12 January 2021 4pm-5pm	Anxiety	Dr Helen Griffiths (Consultant Clinical Psychologist – Oxon)	<p>Dr Helen Griffiths is a Consultant Clinical Psychologist specialising in working with children with medical needs and their families. Based at Oxford Children's Hospital, Helen has worked on the Medical Needs in Schools project since its inception almost three years ago. Helen is passionate about interprofessional working to best support children with medical needs to reach their full potential. Helen also works with professional organisations to ensure the needs of this group are highlighted at a policy and strategy level.</p>
3 March 2021 4pm-5pm	Eating Disorders	Dr Paul Garfield (Consultant Child & Adolescent Psychiatrist)	<p>Dr Paul Garfield is a Consultant Child & Adolescent Psychiatrist. He has a significant level of experience and expertise working locally and specialises in Eating Disorders. Jointly with Sarah, he has been involved in service development with Ipswich Hospital – the MARSIPAN Pathways project – managing the most severe cases of people with certain types of eating disorder.</p>

		Sarah Cross (Clinical Team Leader for the ED Team)	Sarah is a Clinical Team Leader for the Eating Disorder Team for East Suffolk. Her background as a Mental Health Nurse for 32 years has seen her working in a variety of areas in this field, for 18 years she has worked in CAMHs and specialised in Eating Disorders across all ages.
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