

ALBANY ACADEMY: KS4 PSHE Subject Overview

Curriculum Overview for PSHE		
Autumn Term		
UNIT	Unit 1	Unit 2
TITLE	Autumn 1	Autumn 2
CONTENT	Fraud Consent Healthy Lifestyles Family & parenting Employment Rights Careers & Transition	Grooming & Radicalisation Online Safety Pregnancy & Miscarriage Personal Finances Gangs & County Lines Money Mules
	<ul style="list-style-type: none"> • how to effectively budget and evaluate savings options • how to prevent and manage debt, including understanding credit rating and pay day lending • how data is generated, collected and shared, and the influence of targeted advertising • how thinking errors, e.g. gambler's fallacy, can increase susceptibility to gambling • strategies for managing influences related to gambling, including online • about the relationship between gambling and debt • about the law and illegal financial activities, including fraud and cybercrime • how to manage risk in relation to financial activities 	<ul style="list-style-type: none"> • about different types of families and changing family structures • how to evaluate readiness for parenthood and positive parenting qualities • about fertility, including how it varies and changes • about pregnancy, birth and miscarriage • about unplanned pregnancy options, including abortion • about adoption and fostering • how to manage change, loss, grief and bereavement • about 'honour based' violence and forced marriage and how to safely access support • how to manage peer influence in increasingly independent scenarios, in relation to substances, gangs and crime

Spring Term		
UNIT	Unit 3	Unit 4
TITLE	Spring 1	Spring 2
CONTENT	Abusive Relationships Diet & Exercise Adoption & Abortion Gender Stereotypes Online Risks Safe Sex & Contraception	Substance Misuse Sexual Orientation Mental Health Awareness CV and Covering Letter Sexting STI's
	<ul style="list-style-type: none"> • about relationship values and the role of pleasure in relationships • about myths, assumptions, misconceptions and social norms about sex, gender and relationships • about the opportunities and risks of forming and conducting relationships online • how to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours • about the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent 	<ul style="list-style-type: none"> • about positive and negative role models • how to evaluate the influence of role models and become a positive role model for peers • about the media's impact on perceptions of gang culture • about the impact of drugs and alcohol on individuals, personal safety, families and wider communities • how drugs and alcohol affect decision making • how to keep self and others safe in situations that involve substance use •

Summer Term		
UNIT	Unit 5	Unit 6
TITLE	Summer 1	Summer 2
CONTENT	Drugs and Alcohol Gender Identity	Prejudice & Discrimination Peer on Peer Abuse

	<p>Eating Disorders & Loneliness Gambling & Phone Addiction Managing Grief Local Health Services</p>	<p>Anxiety & Depression Careers & Transition</p>
	<ul style="list-style-type: none"> • about the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent 	<ul style="list-style-type: none"> • about communities, inclusion, respect and belonging • about the Equality Act, diversity and values • about how social media may distort, mis-represent or target information in order to influence beliefs and opinions • how to manage conflicting views and misleading information