

## ALBANY ACADEMY: KS4 PSHE Subject Overview

Curriculum Overview for PSHE		
Autumn Term		
UNIT	Unit 1	Unit 2
TITLE	Autumn 1	Autumn 2
CONTENT	Fraud Consent Healthy Lifestyles Family & parenting Employment Rights Careers & Transition	Grooming & Radicalisation Online Safety Pregnancy & Miscarriage Personal Finances Gangs & County Lines Money Mules
	<ul style="list-style-type: none"> <li>• how to effectively budget and evaluate savings options</li> <li>• how to prevent and manage debt, including understanding credit rating and pay day lending</li> <li>• how data is generated, collected and shared, and the influence of targeted advertising</li> <li>• how thinking errors, e.g. gambler's fallacy, can increase susceptibility to gambling</li> <li>• strategies for managing influences related to gambling, including online</li> <li>• about the relationship between gambling and debt</li> <li>• about the law and illegal financial activities, including fraud and cybercrime how to manage risk in relation to financial activities</li> </ul>	<ul style="list-style-type: none"> <li>• about different types of families and changing family structures</li> <li>• how to evaluate readiness for parenthood and positive parenting qualities</li> <li>• about fertility, including how it varies and changes</li> <li>• about pregnancy, birth and miscarriage</li> <li>• about unplanned pregnancy options, including abortion</li> <li>• about adoption and fostering</li> <li>• how to manage change, loss, grief and bereavement</li> <li>• about 'honour based' violence and forced marriage and how to safely access support</li> <li>• how to manage peer influence in increasingly independent scenarios, in relation to substances, gangs and crime</li> </ul>

Spring Term		
UNIT	Unit 3	Unit 4
TITLE	Spring 1	Spring 2
CONTENT	Abusive Relationships Diet & Exercise Adoption & Abortion Gender Stereotypes Online Risks Safe Sex & Contraception	Substance Misuse Sexual Orientation Mental Health Awareness CV and Covering Letter Sexting STI's
	<ul style="list-style-type: none"> <li>about relationship values and the role of pleasure in relationships</li> <li>about myths, assumptions, misconceptions and social norms about sex, gender and relationships</li> <li>about the opportunities and risks of forming and conducting relationships online</li> <li>how to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours</li> <li>about the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent</li> </ul>	<ul style="list-style-type: none"> <li>about positive and negative role models</li> <li>how to evaluate the influence of role models and become a positive role model for peers</li> <li>about the media's impact on perceptions of gang culture</li> <li>about the impact of drugs and alcohol on individuals, personal safety, families and wider communities</li> <li>how drugs and alcohol affect decision making</li> <li>how to keep self and others safe in situations that involve substance use</li> <li></li> </ul>

Summer Term		
UNIT	Unit 5	Unit 6
TITLE	Summer 1	Summer 2
CONTENT	Drugs and Alcohol Gender Identity	Prejudice & Discrimination Peer on Peer Abuse

	Eating Disorders & Loneliness Gambling & Phone Addiction Managing Grief Local Health Services	Anxiety & Depression Careers & Transition
	<ul style="list-style-type: none"><li>about the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent</li></ul>	<ul style="list-style-type: none"><li>about communities, inclusion, respect and belonging</li><li>about the Equality Act, diversity and values</li><li>about how social media may distort, mis-represent or target information in order to influence beliefs and opinions</li><li>how to manage conflicting views and misleading information</li></ul>