

**St Christopher's Next Steps Medical - Autumn Term 1 KS4 – Year 1**

	<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>	<b>Week 5</b>	<b>Week 6</b>	<b>Week 7</b>
<b>English x2</b>	<b>19<sup>th</sup> Century Gothic</b>						
	1.Introduction	3.Imagery	5.Tension	7.Motifs	9.Openings	11.Author Intent	13.Assessment
	2.The Raven	4.Tension	6.Dialogue	8.Motifs	10.Setting	12.Assessment	14.Assessment
<b>Maths x2</b>  15. Adding and Subtracting Mixed Numbers	<b>Number</b>						
	1. Place Value and Ordering	3. Division	5. Standard Form	7. Prime Factors	9. HCF and LCM	11. BIDMAS	13. Fraction of an Amount
	2. Multiplication	4. Negative Numbers	6. Standard Form	8. HCF and LCM	10. Powers and Roots	12. FDP Conversion	14. Converting, adding and subtracting fractions
<b>Science x1</b>	<b>Biology</b>						
	1. Typical cells	2.Organelles	3.Specialised cells	4.Microscopy	5.Aerobic respiration	6.Anaerobic respiration	7.Comparing respirations inc interpreting graphs
<b>PSHE x1</b>	<b>Relationships</b>				<b>Living in the Wider World</b>		<b>Careers</b>
	1.Social Media	2. Online Friendships	3. Sexting	4. Sexual Harassment	5. Online Fraud	6. Money Mules	7. Employability Skills
<b>Health and Wellbeing x1</b>	<b>Be Mindful</b>						
	1.Challenge Yourself	2.Sleep	3.Teenage Brain	4.Teenage Brain	5.Gratitude Tree	6.Tree of Life	7.Sending Letters
<b>Food Technology x1</b>	<b>Cooking Food Safely</b>						
	1.Summer Rolls	2. Singapore Noodles	3. Breaded Chicken Wrap	4. Nachos	5. Pasta	6. Fajitas	7. Curry

**St Christopher's Next Steps Medical - Autumn Term 2 KS4 – Year 1**

	<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>	<b>Week 5</b>	<b>Week 6</b>	<b>Week 7</b>
<b>English x2</b>	<b>Writers Viewpoints and Perspectives</b>						
	1. Summary	3. Comparison	5. Analysis of two texts	7. Article writing (careers)	9. Article writing	11. Speaking and Listening	13. Speaking and Listening
	2. Summary	4. Comparison	6. Comparing feelings	8. Article writing	10. Article Writing	12. Speaking and Listening	14. Speaking and Listening
<b>Maths x2</b>	<b>Number</b>				<b>Geometry</b>		
	16. Multiplying Fractions	18. Rounding	20. Upper and Lower Bounds	22. Percentage Change calc	24. Area	26. Compound Area	28. Circumference
	17. Dividing Fractions	19. Rounding to Significant Figures	21. Percentage Change non-calc	23. Perimeter	25. Parallelograms and Trapezia	27. Parts of a Circle	29. Review
<b>Science x1</b>	<b>Biology</b>						
	8. Respiration of yeast	9. Photosynthesis	10. Diffusion	11. Osmosis	12. Active transport	13. Interpreting data	14. Assessment
<b>PSHE x1</b>	<b>Careers</b>		<b>RSE</b>				
	1. Employability Skills	2. Employability skills	3. Contraception	4. STIs	5. Miscarriage	6. Pregnancy	7. Consent
<b>Health and Wellbeing x1</b>	<b>Be Practical</b>						
	1. Growing Seeds	2. Bike Maintenance	3. Electrical safety	4. Basic first aid	5. Fire safety	6. Budgeting a dinner	7. Bus travel
<b>Food Technology x1</b>	<b>How Food Affects Our Bodies and Minds</b>						
	1. Jollof Rice	2. Sweetcorn Fritters	3. Vietnamese Noodle Soup	4. Bombay Potatoes	5. Egg Fried Noodles	6. Winter Biscuits	7. Chilli Con Carne

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<b>English x2</b>	<b>Creative Reading and Writing</b>						
	1. Character	3. Narration	5. Structure	7. Flashback Structure	9. Creative Techniques	11. Writing	13. Writing
	2. Tone	4. Narration (careers)	6. Structure	8. Evaluate Q4	10. Reading Section Assessment	12. Writing	14. Assessment
<b>Maths x2</b>	<b>Ration, Proportion and Rates of Change</b>			<b>Algebra</b>			
	31. Difference between values	32. Proportion recipes	34. Exchange rates	36. Expanding Brackets	38. Factorising Expressions	40. Solving Four Step Equations	
	6. Review	33. Best value	35. Collecting Like Terms	37. Expanding Two Brackets	39. Solving Two and Three Term Expressions	41. Substitution	
<b>Science x1</b>	<b>Chemistry</b>						
	1.Changes of state	2.Separating mixtures	3.Density	4.Gas pressure	5.Atoms, molecules and compounds	6.Structure of atom	
<b>PSHE x1</b>	Emotional needs	Careers		RSE		Mental wellbeing	
	1. SEL skills	2. Career pathways	3. Labour market	4. Exploitation, grooming	5. Abuse/ criminal behaviour	6.Emotional resilience	
<b>Health and Wellbeing x1</b>							
	1.Identity Masks	2.Identity Masks	3.Create with clay	4.Create with clay	5.Door wreaths	6.Art Gallery	
<b>Food Technology x1</b>	<b>What is Processed Food?</b>						
	1. Pizza	2. Sweet and Sour Chicken	3. Sausage Roll	4. Tikka Masala	5. Cheese Knots	6. Spaghetti Carbonara	

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<b>English x2</b>	<b>Women of Shakespeare</b>			<b>Language Skills</b>			
	1.Context	3.Lady Macbeth	5.Romeo and Juliet	1.Creative/Descriptive Writing	3.Creative/Descriptive Writing	5. Language Analysis	
	2.Lady Macbeth	4.The Witches	6.Romeo and Juliet	2.Creative/Descriptive Writing	4. Atmosphere	6. Structure analysis	
<b>Maths x2</b>	<b>Statistics</b>		<b>Ration, Proportion and Rates of Change</b>		<b>Number and Review</b>		
	42. Pictograms	44. Stem and Leaf Diagrams	46. Averages from Grouped Data	48. Repeat Percentage Change	50. Percentages Finding Original	52. Calculating Standard Form	
	43. Pie Charts	45. Averages	47. Scatter diagrams	49. Finding Percentage Change	51. Index Rules	53. Review	
<b>Science x1</b>	<b>Chemistry</b>						
	7. Electron	8.RAM Isotopes	9. RAM and RFM	10. Neutralisation	11. Revision/Test	12. Assessment	
<b>PSHE x1</b>	<b>Democracy</b>	<b>Health and Wellbeing</b>		<b>Relationships</b>		<b>Careers</b>	
	Voting system	1.Alcohol	2.Drugs	3. Relationship Abuse	4. Coercive Control	5. Completing a CV	
<b>Health and Wellbeing x1</b>	<b>Be Active</b>						
	1.Basketball	2.Boxing	3.Yoga	4.Walking	5.Gardening	6.Teamwork	
<b>Food Technology x1</b>	<b>Can Food be Medicine?</b>						
	1. Bahn Mi	2. Fish Finger Sandwich	3. Black Bean Eggs	4. Fish Cakes	5. Oaty Pancakes	6. Chicken Risotto	

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<b>English x2</b>	<b>Language Skills</b>						
	5. Language Analysis	7. Summary	9.Perspectives	11. Opinion Piece	13. Structure	15. Precise Vocabulary	
	6. Structure analysis	8. Summary	10. Perspectives	12. Opinion Piece	14. Opinion	16. Persuasive Speeches	
<b>Maths x2</b>	<b>Number</b>		<b>Algebra</b>	<b>Geometry</b>			
	54. Types of Sequence	56. Nth term with powers	58. Linear Graphs	60. Area of a Circle	62. Volume of Composite Shapes	64. Angles Along Parallel Lines	
	55. Finding nth term	57. (Algebra) Forming Expressions and Equations	59. $y=mx+c$	61. Volume of Cuboid and Triangular Prism	63. Surface Area	65. Angles in Polygons	
<b>Science x1</b>	<b>Physics</b>						
	1. Forces	2. Balanced Forces	3. Force Diagrams	4. Energy Stores	5. Conservation	6. Elastic energy	
<b>PSHE x1</b>	<b>Relationships</b>				<b>Careers</b>		
	1. Grooming	2. Sexual Exploitation	3. Gangs	4. County Lines	5. Cover Letters	6. Employment Rights	
<b>Health and Wellbeing x1</b>	<b>Be You</b>						
	1.Draw your future	2.Coping with change	3.Positive routines	4.Combating loneliness	5.Developing self-esteem	6.Trip/Activity	
<b>Food Technology x1</b>	<b>How do diets affect the environment?</b>						
	1.Pasta	2.Lasagne	3.Focaccia	4.Potato Poached Egg	5.Tofu Tikka	6.Ramen	

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<b>English x2</b>	<b>Language Skills Unseen Poetry</b>						
	17. Persuasive Letters	1. Adlestrop	3. Childhood	5. Invictus	7. Valentine	9. Comparing Themes	11. Assessment
	18. Upgrading Techniques	2. Childhood	4. The Road Not Taken	6. Medusa	8. Sonnet 43	10. Assessment Prep	12. Speaking and Listening
<b>Maths x2</b>	<b>Probability</b>		<b>Geometry</b>				
	66. Angles in Polygons	68. Relative Frequency	70. Tree Diagrams	72. Rotation	74. Reflection	76. REVIEW	78. Trigonometry
	67. Simple Probability	69. Sample Spaces	71. Plan View	73. Translation	75. Enlargement	77. Pythagoras	79. Trigonometry
<b>Science x1</b>	<b>Physics</b>						
	7. Gravitational potential	8. Kinetic and gravitational	9. Stopping	10. Newton Meter	11. Energy Stores	12. Extension Forces	13. Kinetic Energy and Potential
<b>PSHE x1</b>	<b>Living in the Wider World</b>		<b>RSE</b>		<b>Health and Wellbeing</b>		
	1. Income and deduction (careers)	2. Interest rates (careers)	3. Adoption	4. Abortion	5. Gambling	6. Phone addiction	7. Grief
<b>Health and Wellbeing x1</b>	<b>Be Independent</b>						
	1. Planning meals	2. CPR first aid	3. Bank Accounts	4. Library services	5. Volunteering	6. Volunteering	7. Volunteering
<b>Food Technology x1</b>	<b>Food Careers</b>						
	1. Yorkshire Puddings	2. Berry Tarts	3. Gougeres	4. Mini Tacos	5. Bruschetta	6. Filo Tarts	7. Canapes

Reading Reading lesson daily – 30 minutes (See Trust Readers for Life texts below) \*Based on a Students starting point we may also use texts from KS2 or KS3 TRFL

# Key Stage 4

