

KS4 PSHE Curriculum Overview – St Christopher’s Academy

Next Steps Medical Pathway

Curriculum Overview for PSHE							
St Christopher’s Next Steps Medical - Autumn Term 1 KS4 – Year 1							
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
PSHE x1	Relationships				Living in the Wider World		Careers
	1.Social Media	2. Online Friendships	3. Sexting	4. Sexual Harassment	5. Online Fraud	6. Money Mules	7. Employability Skills
St Christopher’s Next Steps Medical - Autumn Term 2 KS4 – Year 1							
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
PSHE x1	Careers		RSE				
	1. Employability Skills	2. Employability skills	3. Contraception	4. STIs	5. Miscarriage	6. Pregnancy	7. Consent
St Christopher’s Next Steps Medical - Spring Term 1 KS4 – Year 1							
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
PSHE x1	Emotional needs	Careers		RSE		Mental wellbeing	
	1. SEL skills	2. Career pathways	3. Labour market	4. Exploitation, grooming	5. Abuse/ criminal behaviour	6.Emotional resilience	
St Christopher’s Next Steps Medical - Spring Term 2 KS4 – Year 1							
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
PSHE x1	Democracy	Health and Wellbeing		Relationships		Careers	Careers
	Voting system	1.Alcohol	2.Drugs	3. Relationship Abuse	4. Coercive Control	4. Coercive Control	5. Completing a CV
St Christopher’s Next Steps Medical - Summer Term 1 KS4 – Year 1							
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	

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PSHE x1	Relationships				Careers		
	1. Grooming	2. Sexual Exploitation	3. Gangs	4. County Lines	5. Cover Letters	6. Employment Rights	
St Christopher’s Next Steps Medical - Summer Term 2 KS4 – Year 1							
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
PSHE x1	Living in the Wider World		RSE		Health and Wellbeing		
	1. Income and deduction (careers)	2. Interest rates (careers)	3. Adoption	4. Abortion	5. Gambling	6. Phone addiction	7. Grief