

St Christopher's Next Steps Medical - Autumn Term 1 KS4 – Year 1

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
English x2	19th Century Gothic						
	1.Introduction	3.Imagery	5.Tension	7.Motifs	9.Openings	11.Author Intent	13.Assessment
	2.The Raven	4.Tension	6.Dialogue	8.Motifs	10.Setting	12.Assessment	14.Assessment
Maths x2 15. Adding and Subtracting Mixed Numbers	Number						
	1. Place Value and Ordering	3. Division	5. Standard Form	7. Prime Factors	9. HCF and LCM	11. BIDMAS	13. Fraction of an Amount
	2. Multiplication	4. Negative Numbers	6. Standard Form	8. HCF and LCM	10. Powers and Roots	12. FDP Conversion	14. Converting, adding and subtracting fractions
Science x1	Biology						
	1. Typical cells	2.Organelles	3.Specialised cells	4.Microscopy	5.Aerobic respiration	6.Anaerobic respiration	7.Comparing respirations inc interpreting graphs
PSHE x1	Relationships				Living in the Wider World		Careers
	1.Social Media	2. Online Friendships	3. Sexting	4. Sexual Harassment	5. Online Fraud	6. Money Mules	7. Employability Skills
Health and Wellbeing x1	Be Mindful						
	1.Challenge Yourself	2.Sleep	3.Teenage Brain	4.Teenage Brain	5.Gratitude Tree	6.Tree of Life	7.Sending Letters
Food Technology x1	Cooking Food Safely						
	1.Summer Rolls	2. Singapore Noodles	3. Breaded Chicken Wrap	4. Nachos	5. Pasta	6. Fajitas	7. Curry

St Christopher's Next Steps Medical - Autumn Term 2 KS4 – Year 1

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
English x2	Writers Viewpoints and Perspectives						
	1. Summary	3. Comparison	5. Analysis of two texts	7. Article writing (careers)	9. Article writing	11. Speaking and Listening	13. Speaking and Listening
	2. Summary	4. Comparison	6.Comparing feelings	8. Article writing	10. Article Writing	12. Speaking and Listening	14. Speaking and Listening
Maths x2	Number				Geometry		
	16. Multiplying Fractions	18. Rounding	20. Upper and Lower Bounds	22. Percentage Change calc	24. Area	26. Compound Area	28. Circumference

	17. Dividing Fractions	19. Rounding to Significant Figures	21. Percentage Change non-calc	23. Perimeter	25. Parallelograms and Trapezia	27. Parts of a Circle	29. Review
Science x1	Biology						
	8. Respiration of yeast	9. Photosynthesis	10. Diffusion	11. Osmosis	12. Active transport	13. Interpreting data	14. Assessment
PSHE x1	Careers		RSE				
	1. Employability Skills	2. Employability skills	3. Contraception	4. STIs	5. Miscarriage	6. Pregnancy	7. Consent
Health and Wellbeing x1	Be Practical						
	1. Growing Seeds	2. Bike Maintenance	3. Electrical safety	4. Basic first aid	5. Fire safety	6. Budgeting a dinner	7. Bus travel
Food Technology x1	How Food Affects Our Bodies and Minds						
	1. Jollof Rice	2. Sweetcorn Fritters	3. Vietnamese Noodle Soup	4. Bombay Potatoes	5. Egg Fried Noodles	6. Winter Biscuits	7. Chilli Con Carne
St Christopher's Next Steps Medical - Spring Term 1 KS4 – Year 1							
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
English x2	Creative Reading and Writing						
	1. Character	3. Narration	5. Structure	7. Flashback Structure	9. Creative Techniques	11. Writing	
	2. Tone	4. Narration (careers)	6. Structure	8. Evaluate Q4	10. Reading Section Assessment	12. Writing	
Maths x2	Ration, Proportion and Rates of Change			Algebra			
	31. Difference between values	32. Proportion recipes	34. Exchange rates	36. Expanding Brackets	38. Factorising Expressions	40. Solving Four Step Equations	
	6. Review	33. Best value	35. Collecting Like Terms	37. Expanding Two Brackets	39. Solving Two and Three Term Expressions	41. Substitution	
Science x1	Chemistry						
	1. Changes of state	2. Separating mixtures	3. Density	4. Gas pressure	5. Atoms, molecules and compounds	6. Structure of atom	
PSHE x1	RSE	Living in the Wider World		Careers		Living in the Wider World - Democracy	

	1. Consent	2. Discrimination and bias	3. Stereotypes and prejudice	4. Career planning	5. Interview skills	6. Parties and Candidates	
Health and Wellbeing x1	Be Creative						
	1. Identity Masks	2. Identity Masks	3. Create with clay	4. Create with clay	5. Door wreaths	6. Art Gallery	
Food Technology x1	What is Processed Food?						
	1. Pizza	2. Sweet and Sour Chicken	3. Sausage Roll	4. Tikka Masala	5. Cheese Knots	6. Spaghetti Carbonara	
St Christopher's Next Steps Medical - Spring Term 2 KS4 – Year 1							
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
English x2	Women of Shakespeare			Language Skills			
	1. Context	3. Lady Macbeth	5. Romeo and Juliet	1. Creative/Descriptive Writing	3. Creative/Descriptive Writing	5. Language Analysis	
	2. Lady Macbeth	4. The Witches	6. Romeo and Juliet	2. Creative/Descriptive Writing	4. Atmosphere	6. Structure analysis	
Maths x2	Statistics		Ration, Proportion and Rates of Change		Number and Review		
	42. Pictograms	44. Stem and Leaf Diagrams	46. Averages from Grouped Data	48. Repeat Percentage Change	50. Percentages Finding Original	52. Calculating Standard Form	
	43. Pie Charts	45. Averages	47. Scatter diagrams	49. Finding Percentage Change	51. Index Rules	53. Review	
Science x1	Chemistry						
	7. Electron	8. RAM Isotopes	9. RAM and RFM	10. Neutralisation	11. Revision/Test	12. Assessment	
PSHE x1	Democracy	Health and Wellbeing		Relationships		Careers	
	Voting system	1. Alcohol	2. Drugs	3. Relationship Abuse	4. Coercive Control	5. Completing a CV	
Health and Wellbeing x1	Be Active						
	1. Basketball	2. Boxing	3. Yoga	4. Walking	5. Gardening	6. Teamwork	
Food Technology x1	Can Food be Medicine?						
	1. Bahn Mi	2. Fish Finger Sandwich	3. Black Bean Eggs	4. Fish Cakes	5. Oaty Pancakes	6. Chicken Risotto	
St Christopher's Next Steps Medical - Summer Term 1 KS4 – Year 1							

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
English x2	Language Skills						
	5. Language Analysis	7. Summary	9. Perspectives	11. Opinion Piece	13. Structure	Speaking and Listening	
	6. Structure analysis	8. Summary	10. Perspectives	12. Opinion Piece	14. Opinion	Speaking and Listening	
Maths x2	Number		Algebra	Geometry			
	54. Types of Sequence	56. Nth term with powers	58. Linear Graphs	60. Area of a Circle	62. Volume of Composite Shapes	64. Angles Along Parallel Lines	
	55. Finding nth term	57. (Algebra) Forming Expressions and Equations	59. $y=mx+c$	61. Volume of Cuboid and Triangular Prism	63. Surface Area	65. Angles in Polygons	
Science x1	Physics						
	1. Forces	2. Balanced Forces	3. Force Diagrams	4. Energy Stores	5. Conservation	6. Elastic energy	
PSHE x1	Relationships				Careers		
	1. Grooming	2. Sexual Exploitation	3. Gangs	4. County Lines	5. Cover Letters	6. Employment Rights	
Health and Wellbeing x1	Be You						
	1. Draw your future	2. Coping with change	3. Positive routines	4. Combating loneliness	5. Developing self-esteem	6. Trip/Activity	
Food Technology x1	How do diets affect the environment?						
	1. Pasta	2. Lasagne	3. Focaccia	4. Potato Poached Egg	5. Tofu Tikka	6. Ramen	
St Christopher's Next Steps Medical - Summer Term 2 KS4 – Year 1							
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English x2	Unseen Poetry						
	1. Adlestrop	3. Childhood	5. Invictus	7. Valentine	9. Comparing	11. Assessment	13. Creating Poetry
	2. Childhood	4. The Road Not Taken	6. Medusa	8. Sonnet 43	10. Assessment prep	12. Writing Poetry	14. Creating Poetry
Maths x2	Probability		Geometry				
	66. Angles in Polygons	68. Relative Frequency	70. Tree Diagrams	72. Rotation	74. Reflection	76. REVIEW	78. Trigonometry
	67. Simple Probability	69. Sample Spaces	71. Plan View	73. Translation	75. Enlargement	77. Pythagoras	79. Trigonometry

Science x1	Physics						
	7. Gravitational potential	8. Kinetic and gravitational	9. Stopping	10. Newton Meter	11. Energy Stores	12. Extension Forces	13. Kinetic Energy and Potential
PSHE x1	Living in the Wider World		RSE		Health and Wellbeing		
	1. Income and deduction (careers)	2. Interest rates (careers)	3. Adoption	4. Abortion	5. Gambling	6. Phone addiction	7. Grief
Health and Wellbeing x1	Be Independent						
	1. Planning meals	2. CPR first aid	3. Bank Accounts	4. Library services	5. Volunteering	6. Volunteering	7. Volunteering
Food Technology x1	Food Careers						
	1. Yorkshire Puddings	2. Berry Tarts	3. Gougeres	4. Mini Tacos	5. Bruschetta	6. Filo Tarts	7. Canapes
St Christopher's Next Steps Medical - KS4 Year 1 – All terms							
Reading	Reading lesson daily – 30 minutes (See Trust Readers for Life texts below) *Based on a Students starting point we may also use texts from KS2 or KS3 TRFL						

Key Stage 4

