

Overview

The Raedwald Trust Outreach Teaching Service’s KS2 PSHE Curriculum has been derived from the guidance from the PSHE Association and the Sex and Relationship Education Guidance (2000), DFE Citizenship programme of study for KS1/2 (2015) and DFE Promoting Fundamental British Values through SMSC (2014).

The Raedwald Trust Outreach Service works in collaboration with the student’s mainstream school to develop a bespoke curriculum for each learner. Where we are providing specific students with supplementary interventions in collaboration with their mainstream or other full-time educational placement we will focus on those aspects of the National Curriculum identified for us by the schools as being of the most benefit to the students. Where our students are – temporarily – not on the roll of a full-time provider, we are committed to providing a bespoke curriculum which meets their needs. We encourage all children to become independent learners and be confident in all strands of learning.

Impact

The purpose and intent of our PSHE curriculum is to equip pupils to live healthy, safe, productive, capable, responsible and balanced lives. It contributes to the personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions.

There are three core themes within the curriculum which are:

- **Health and Wellbeing**
- **Relationships**
- **Living in the Wider World**

Health and Wellbeing	Relationships and Sex Education	Living in the Wider World and Enterprise
<p><i>This core theme focuses on:</i></p> <ol style="list-style-type: none"> 1. What is meant by a healthy lifestyle 2. How to maintain physical, mental and emotional health and wellbeing 3. How to manage risks to physical and emotional health and wellbeing 4. Ways of keeping physically and emotionally safe 5. About managing change, including puberty, transition and loss 6. How to make informed choices about health and wellbeing and to recognise sources of help with this 7. How to respond in an emergency 8. To identify different influences on 	<p><i>This core theme focuses on:</i></p> <ol style="list-style-type: none"> 1. How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts 2. How to recognise and manage emotions within a range of relationships 3. How to recognise risky or negative relationships including all forms of bullying and abuse 4. How to respond to risky or negative relationships and ask for help 5. How to respect equality 	<p><i>This core theme focuses on:</i></p> <ol style="list-style-type: none"> 1. About respect for self and others and the importance of responsible behaviours and actions 2. About rights and responsibilities as members of families, other groups and ultimately as citizens 3. About different groups and communities 4. To respect diversity and equality and how to be a productive member of a diverse community 5. About the importance of respecting and protecting the environment 6. About where money comes from, keeping it safe and the importance of

health and wellbeing	and diversity in relationships	managing it effectively 7. The part that money plays in people's lives. 8. A basic understanding of enterprise.
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Alongside these core themes, there is also teaching on **Spiritual, Moral, Social and Cultural and British Values**. This aims to develop positive attitudes and values, personal and social skills, and knowledge and understanding in order to create an inclusive atmosphere throughout the Outreach Service and wider Raedwald Trust community. These lessons may be taught discretely, through community projects or promoted throughout the teaching environment and at The Lodge.

We believe in the importance of starting where children are, to ensure progress within the curriculum. Assessment and teacher judgement of pupil's abilities and successes will inform the learning opportunities and objectives for teaching, ensuring that learning opportunities are bespoke and driven by pupil need. We aim to build on what has gone before, reflecting and meeting the personal developmental needs of the children and young people. Teachers will assess learning through the use of learning objectives and success criteria for each session. These assessments inform and support future planning. Pupil outcomes will be recorded through learning logs. Gaps in learning and misconceptions can be addressed as they arise.

PSHE and the wider curriculum

The Raedwald Trust Outreach Service has 5 core values within the curriculum which are: resilience, success (self-belief), engagement (confidence), respect and reflection. These can be addressed, and developed within the PSHE curriculum. These core values are rewarded in conjunction with the behaviour policy eg. positive praise, phone calls home, certificates, prizes and cumulative reward systems.

The PSHE curriculum is taught through discrete lessons and bespoke learning opportunities to meet pupil need. Pupil's personal, social and emotional skills are also developed through a range of provisions including:

- Social time within the session, e.g. break times.
- Vocational learning opportunities.
- Outings and visits.
- Turn-taking games.
- Personal safety sessions around Online Safety, Road Safety, Healthy Eating, Emergency Services and First Aid.
- Enterprise events.
- Careers advice and appropriate work placement/experience.
- 1:1 support on areas of challenge (i.e. Emotional Literacy Intervention).