PSHE Programme of Study Traded Ks3

PSHE– PROGRAMME OF STUDY					KEY STAGE 3 Traded	
	Health and Wellbeing	**Relationships and Sex Education**	**Living in the Wider World and Enterprise**	**SMSC and British Values**		
Prior learning	Pupils will be able to display effective skills and responsible attitudes towards a healthy lifestyle and keeping themselves safe.	Pupils will be able to display responsible attitudes towards relationships and a broad knowledge of acceptable/unacceptable relationship traits.	Pupils will have a broad understanding of what it means to be part of a community and will be able to display a sense of belonging to a group (family, school, clubs etc).	Pupils will consistently display positive attitudes to those that are different from them. They will have a deep understanding of why rules are in place and share the ethos of the school.		
	Online Safety	**Relationship and Sex education**	**Tolerance and Respect LBGTQ+**	**Contextual Safeguarding**		
Taught content: Knowledge/Skills	Social networking Online friendships Sharing photos and videos	Puberty and managing change Introduction to contraception Sexually transmitted infections	Topic 1 – prejudice Topic 2 – individuality Topic 3 - identity	Sexual exploitation Gangs Radicalisation	Self esteem Life events Mental health Addiction and drug awareness	
	Interact appropriately with others online.	Describe the physical and emotional changes that occur during puberty, identifying ways of managing these changes and explain	Be able to access support for yourselves or others	Be able to access support for yourselves or others	Recognise personal strengths and be positive about them. Describe yourself in positive terms.	

		where to seek advice and support			Suggest healthy strategies for managing positive mental and emotional well-being.	
	Interact appropriately with others online.	Understand and demonstrate how health is affected by choices	Be able to identify contributing factors and access support for yourselves or others	Be able to identify contributing factors and access support for yourselves or others	identify a range of factors that may impact addiction	
	Interact appropriately with others online.	ccess reliable advice and support about sexually transmitted infections	Understand factors that contribute to the formation of extremist ideologies and suggest ways in which these can be reduced.	Be able to identify factors that may contribute to recruitment and access support for yourselves or others		
	Interact appropriately with others online					
Subsequent learning	**Health and Well Being**	**Relationships**	**Living in the wider world (including careers)**			
	✓ Self-concept	✓ Self-concept ✓ Positive relationships	✓ Learning skills			

	✓ Mental health and emotional well being ✓ Health related decisions ✓ Drugs alcohol and tobacco ✓ Managing risk and personal safety ✓ Sexual health and fertility ✓ Anxiety and depression ✓ Sleep ✓ Self-harm and loneliness	✓ Relationship values ✓ Forming and maintaining respectful relationships ✓ Consent ✓ Contraception and parenthood ✓ Bullying, abuse and discrimination ✓ Social influences ✓ Abortion and miscarriage ✓ Families ✓ Sexually transmitted Diseases	✓ Choices and pathways ✓ Work and career ✓ Employment rights and responsibilities ✓ Financial choices ✓ Social media and online friendships ✓ Radicalisation and exploitation ✓ Careers and Transition ✓ Prejudice and discrimination			